



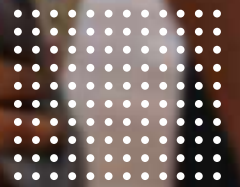
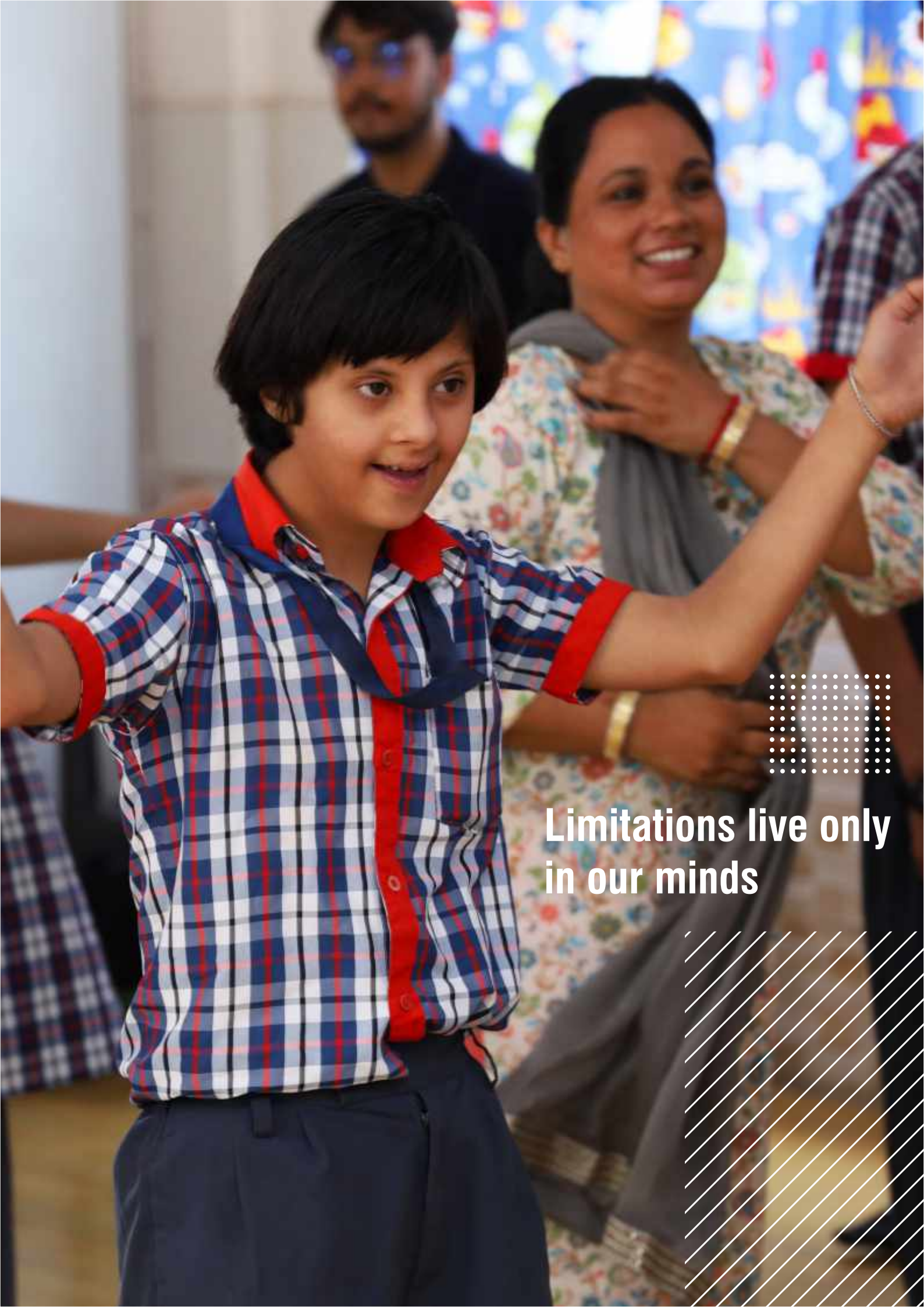
**Annual Report
2022-2033**

**In pursuit of
improving lives
of the
specially abled**

INDEX

■ President's Message	01
■ Message from State Commissioner for the Persons with Disabilities, Haryana	02
■ About Us	03
■ Executive Committee	07
■ Infrastructure and Facilities	08
■ Upcoming Residential Facility	12
■ From Strength to Strength: Aryan Saxena	15
■ Events, Activities and Achievements	18
■ Our Programmes	23
■ Resource Mobilisation	29
■ Operations Overview	30
■ Financials	31
■ Governance & Compliance	34
■ Executive Committee Meeting Details	35
■ Donor Testimonials	36
■ A Word from Staff	37
■ Voice of Parents	38
■ Donation Options	39
■ Major Donors	40





**Limitations live only
in our minds**



PRESIDENT'S MESSAGE



“The quality of our programmes has improved and we hope to build on it further”

The NGO sector has been going through a great churning of sorts.

For past few years, the sector has come under increasing levels of scrutiny by the Government on issues of compliance, nature of work being doing, work processes, internal governance procedures etc. There is closer scrutiny of the nature of work being done and alignment with its Articles of Association etc.

All this makes it necessary for NGOs to ensure transparency and governance of a very high level. Fortunately, at Khushboo we have ensured high standards right from inception, hence the impact on us has been, if anything very minimal.

There is also greater scrutiny on receipt and utilisation of foreign funding. As a result, more and more NGOs are focusing on raising funds locally. This in turn has led to increase in competition in domestic fundraising space, forcing all NGOs to be innovative and come out with new and better ways of convincing the donors about the work being done by them. Fundraising thus has become critical and more difficult.

For Khushboo, this has been the first proper year of functioning after COVID. It has almost been like we have had to restart the organization. The number of children had gone down to 40. In fact, it was only towards the end of the year that our numbers crossed 100.

However, it proved to be an exciting year for several reasons. We not only stabilised our operations but added new interventions and processes. We also raised the quality of our programmes, something we would continue to build on.

At our much-awaited residential project, two residential homes have been being completed and the third one is under construction. Hopefully, with more funds coming in through support of generous donors, we hope to add more homes to house special individuals and give them the security of continuum of care.

Hope shines bright.

We are very thankful to the Creator for all his blessings small and large. We have no complaints, only gratitude!

Rakesh Jinsi

MESSAGE FROM STATE COMMISSIONER FOR THE PERSONS WITH DISABILITIES, HARYANA

FROM THE OFFICE OF SH. RAJ KUMAR MAKKAD,
STATE COMMISSIONER FOR THE PERSONS WITH
DISABILITIES HARYANA, DEPARTMENT OF SOCIAL
JUSTICE EMPOWERMENT, WELFARE OF SC & BC AND
ANTYODAYA (SEWA), ANTODAYA BHAWAN, OPPOSITE
COMMAND HOSPITAL, SECTOR 6, PANCHKULA Ph. No.
0172-2929467



To

Khushboo Welfare Society
Sector 10A, Gurgaon, Haryana.
+91 9810879957

Memo No. 1042/SCPD/SJE/2023 dated: 03.08.2023

Subject: Message for publication in the Souvenir.

Sir,

I feel immense pleasure to know that Khushboo Welfare Society Gurugram, under dynamic and energetic leadership and dedicated efforts is coming out with its Annual Report. I have personally observed the changes being brought by Khushboo's team in the lives of young persons with disabilities (Divyangjan). Khushboo's efforts of empowering Divyangjan in all spheres of life especially making them self-reliant are highly appreciated.

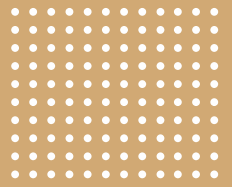
I pray His Almighty for all success in your endeavors and noble cause serving Divyangjan in the shape of Worship to God.



A handwritten signature in blue ink, appearing to be 'Raj Kumar Makkad'.

Raj Kumar Makkad
State Commissioner for Persons with Disabilities, Haryana

ABOUT US



Who we are

Special individuals are truly special for us.

What started as a small set up in 1995 for differently abled, is now a full-fledged center.

Since it was founded on 13 November 1995 (as a nonprofit organisation under the Societies Act, 1860) Khushboo Welfare Society (Khushboo) has been providing holistic care and multifarious services to children with mental and multiple disabilities.

Our Vision

To have a society where the physically and mentally challenged lead a life of care, dignity and respect.

Our Mission

Help the physically and mentally challenged to become self-reliant, realise their full potential and enhance their capabilities to the maximum possible.

What we do

We work with special children, adolescents and grownups with special conditions such as:

- Cerebral palsy
- Down syndrome
- Autism
- Mental retardation
- Slow learners
- Spastics

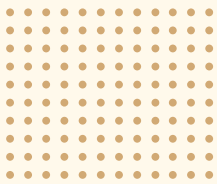


“My ability is stronger
than my disability”

How we do it

Our work focuses on three broad areas:

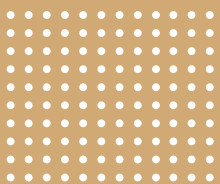
- Providing relief to the families of these children by taking care of them for some part of the day.
- Provide continuum of care to these children on a long-term basis.
- Help the children to become more self-reliant through our Life skills building & Therapeutic programs.



Where we work

We run a day care center at Gurgaon, providing a range of services.

What we thus have, is a multi-sector, multi-dimensional approach for people with disabilities, with joint effort with participation of the family members and Khushboo.



Methodology

Every individual approaching Khushboo for care is assessed in detail by our Diagnostics and Prescriptive team comprising of Khushboo staff and specialists from renowned hospitals such as Fortis, Max, and Medanta.

Based on this assessment, therapeutic/ development needs are identified and an Individual Development Plan (IDP) is created.

Once we have drafted a development plan, the child avails one of the following streams:

- OPD
- Regular enrolment

The child is also assigned to a group based on her/his age and ability.

The center delivers its services through two programs comprising of various activities. The schedule is based on the child's individual development plan.

The programs and the respective activities are as under:

Life Skills

- Personal care and Hygiene
- Education
- Computers
- Activities of Daily Living (ADL)
- Home management & housekeeping
- Tailoring
- Cooking & catering
- Gardening
- Arts & crafts
- Personal safety & security

Therapeutic Services

- Physiotherapy
- Occupational therapy
- Speech Therapy
- Pottery
- Psychiatry & counselling
- Sensory Integration
- Yoga
- Performing & expressive arts (Dance & Music)
- Sports
- Organic colours from flowers



EXECUTIVE COMMITTEE



Mr. Rakesh Jinsi (*President*)

An electrical engineer from Punjab Engineering College, Chandigarh (Punjab University), Mr Rakesh Jinsi has over 45 years of work experience in the automobile, Not for profit and education sectors.

Eicher, Hero Motors, Chase Manhattan, Force Motors, Tatra Trucks, New Holland Fiat Tractors, SOS Children's Villages and School of Inspired Leadership are some of the organisations where he has held leadership positions for over 21 years. He has also been a member of National level bodies such as National Human Rights Commission, National Skill Development Corporation etc.



Mrs. Renu Maheshwari (*Vice President*).

The founder of an association called 'Prerna' in Hoshiarpur; Punjab has been into social service since the last twenty-one years.

'Prerna', worked in the areas aimed at social development and livelihood creation for families of the workmen, besides also working on health, hygiene and education.

She is also very passionate about gardening and has adopted Khushboo's garden.



Mr. Narendra Gera (*General Secretary*).

A mechanical engineer by profession and philanthropist at heart, Mr Narendra Gera is an active Social Worker. He is also on the Board of DAV Senior Secondary School, Khandsa Road, Gurgaon. He is one of the founder members of Khushboo and also the parent of a special child.



Mr. Pankaj Jain (*Treasurer*). One of the founder members of Khushboo, Mr Pankaj Jain is an entrepreneur in the printing business.

As a social worker his soft spot lies with lesser privileged.



Mr. Rajiv Gupta (*Member*). An

engineer by profession, Mr Rajiv Gupta who worked with Maruti Suzuki, is passionate about helping children with disabilities. He is also the parent of a special child.



Mrs. Reeta Rastogi (*Member*). A post graduate in Education and a teacher by profession, Mrs Reeta Rastogi works passionately towards development of children.



Mrs. Nirmala Singh (*Member*).

Since her early days of life she has been contributing to various social causes. Child care is an issue close to her heart which drives her to work for well being of the differently abled.



Mrs. Usha Malik (*Member*). A post graduate in education, Mrs Usha Malik has been associated with Khushboo for several years and is a sincere grassroots social worker.



Mrs. Seema Jain Krishnan (*Member*).

A Post-graduate in Administration, Mrs. Seema Jain Krishnan, is an entrepreneur who is also deeply involved in social causes. She has been supporting Khushboo for several years.

INFRASTRUCTURE AND FACILITIES

The journey, they say, is as important as the destination. In our effort to make our children reach the goal of self-reliance, we also want them to enjoy their journey of learning. Our infrastructure and facilities have been built with this simple yet crucial thought in our minds. Our infrastructure and facilities therefore, are a testimony to our commitment to providing the best to our special children.

Haryana Government was kind enough to allot us 0.4 acres, land from where Khushboo operates. Our campus has a 17,424 sq ft of built-up area. The building has been designed with care and love to have easy accessibility and meet the needs of our special children. The building has the following:

- Large airy and natural light lit rooms
- Wheel-chair friendly ramps
- Automatic sliding doors
- Wide staircases with easy to hold side-railings
- Big, steel, water dispensers on each floor
- Disabled friendly toilets near classrooms
- Open area for sports and recreation activities

At Khushboo, we are always working towards improving our services. So, from new amenities, modern machines to the latest technology, innovative teaching aids and more, we aim to get the best for the children. The simple idea is to make learning more effective while keeping it easy and fun.



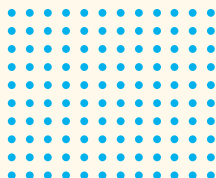
Our present facilities are detailed as follows:

PHYSIOTHERAPY AND GYMNASIUM

This section comprises of:

This section comprises of:

- Muscle stimulator
- Microsoft Xbox
- Kinect game console
- Trampoline
- Therapeutic exercise balls
- Balancing boards
- Dumbbells
- Weight cuffs
- Parallel bars
- Walkers
- Rollators
- Motorised and manual wheel chairs
- Full-body vibrator (an extremely useful machine imported from Netherlands)
- Bench press for weights
- Tilt table
- Standing frame



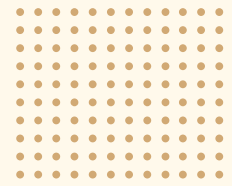
OCCUPATIONAL THERAPY (OT) WITH MULTI SENSORY INTEGRATION ROOM

This facility comprises of the following:

- Sensory integration room
- Leg boards
- Dart boards
- Balance boards
- Hip rotator
- Tread mill
- Textures mats



“Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence”



COMPUTER LABORATORY

This facility is housed in a bright room and is equipped with:

- Six computers
- Special Mouse and key boards to meet the needs of the children



AUDIOMETRY LABORATORY

This state-of-the art facility with a sound proof room has the following:

- IHS ABR System (BERA)
- Audiometer
- Oto acoustic emissions
- Tympanometer
- Video otoscope
- Portable audiometer
- Speech training software - Dr. Speech





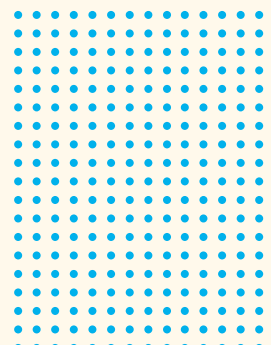
SPECIAL TEACHING AIDS

We take pride in having the first of its kind unit in India, in collaboration with Ash Field Academy, UK. This is an impactful intervention to provide transformative and learning experience to children suffering from learning disorders, cognitive dissonance and communication motor impairments and comprises of:

- Interactive White Boards
- Special software for teaching

This intervention is unique because of its transformative learning experience, which helps children them to work on overcoming their communication and motor impairment.

Besides CAT, we have smart boards and other interactive teaching aids.



TRANSPORT FACILITIES

A total of five self-owned vehicles pick up the children from their homes and drop them back after the center closes for the day. All our drivers and attendants have been made aware of the home routes of each child. To ensure safety compliance, all our vehicles are equipped with:

- Safety belts
- CCTV
- GPS tracker
- AC
- Side handles/ Boarding handles
- An attendant in the bus throughout the journey
- Licensed and skilled drivers



LIVING WITH A NEW FAMILY WITH LOVE AND DIGNITY

Upcoming residential facility

“Who will take care of my child after I am old?” The pertinent question for the parents of a special child and a constant worry that they live with.

Inevitably it doesn't feel feasible to imagine the siblings or the extended family to take the responsibility of the special one. Also, in the urban setup where families have largely become nuclear in nature, the challenge is even bigger. Government, with its limited resources can only help so much.

The need

This is a gap area that had been troubling us for years. With the will and intent to do bridge it and the support of some patrons, we finally took a step in this direction a few years back and have slowly been building this dream project. Each brick, each roof is put with the spirit of true love and respect, something that each special individual and their families deserve. Because at Khushboo, we more than understand the worry of these families about future sustenance of these children.

A land was purchased for setting up of a residential home facility for specially abled persons (SAP) for lifelong settlement. At our facility, these special individuals will be provided with care and life skills, to help them lead a dignified life, even after their biological caregivers are not there.

What started as a small but potent dream is taking shape brick by brick.

Two of the homes have been built and the third one is under way. The security guard room, electric panel room and one staff quarter were ready a year before.

With support from our donors, we plan to keep building more homes.





Project philosophy

We believe in the concept of family. Strongly emotionally connected families we feel, can be built with love, care and mutual respect, the very idea behind our residential facility. Each of the eight homes visualised for this facility will be home to 4-5 individuals who live with a professional caregiver. This unit then becomes a family for life. So, each person has a home, a family and lives in a caring community. This will help each child get an environment closest to that of a biological family.

Besides the emotional support, the upcoming residential facility will also provide them round the clock care under the supervision of experts. The essential staff will also stay with the children on the campus. This will ensure a range of care services which are defined as follows:

Life skills development

1. Personal Care and Hygiene
2. Education
3. Computers
4. Activities of Daily Living (ADL)
5. Home Management & Housekeeping
6. Cooking & Catering
7. Gardening
8. Arts & Crafts
9. Personal Safety & Security
10. Organic Holi colors from flowers

Therapeutic services

1. Physiotherapy
2. Occupational Therapy
3. Speech Therapy
4. Pottery
5. Psychiatry & Counselling
6. Sensory Integration
7. Yoga
8. Performing & Expressive Arts (Dance & Music)
9. Sports & counselling will be provided at the Gurgaon center.

Location

Our facility based in Tauru, is a Municipal Committee city in district of Nuh in Mewat region of Haryana, it is about 40 kms from Gurgaon. A part of NCR, it is an aspirational district much recommended by Niti Ayog.

Goal

To provide lifelong care to people with special needs in an environment of care, love and dignity.

Proposed Facilities

1. A self-contained complex in about 135036 sq feet (3.1 acres) of land in a quiet location
2. Well-furnished home-units as living accommodation
3. Therapy Room
4. Dispensary
5. Music room
6. Recreational room
7. Multipurpose hall
8. Admin office
9. Vast outdoor area for various social and entertainment activities
10. Court yard serving as play area
11. Gardening and herb culture
12. Key Staff Accommodation
13. Electricity requirement met through Solar Power
14. Water conservation through waste water recycling and rain water harvesting.

Proposed Khushboo Campus at Tauru, Haryana

Phase-wise Allocation of Budget

Modules	Item	Description	Covered Area In Sqm	Built up Area in Sqm	Rate Rs./ sqm per sqm	Amount in Rs. in INR (Rs.)	Status	Phase -0 Land Govt approval, Elect ricity, Water and Boundary wall	Phase-wise Allocation of Budget			Ph-3 In INR
									Phase -1a In INR	Ph-1b In INR	Ph-2 In INR	
M-0	a	Land				Rs. 2,20,00,000	Completed					
	b	Boundary Wall				Rs. 75,00,000	Completed					
	c	Electricity and Water				Rs. 5,00,000	Completed					
	S.Total					Rs. 3,00,00,000	Completed					
M - 1	a	Site Development		0	450	Rs. 52,05,150	Partially done		18,21,803	7,80,773	13,01,288	13,01,288
	b	Road Infrastructure (roads and parking areas)			2300	Rs. 53,04,000	Partially done		26,52,000	10,60,800	7,95,600	7,95,600
	c	Landscape & Planting (swalls, ponds, trees shrubby, orchard & farms)			720	Rs. 36,00,000	Partially done		18,00,000	3,60,000	5,40,000	9,00,000
	d	Irrigation			180	Rs. 9,00,000	Completed		4,50,000	90,000	1,35,000	2,25,000
	e	Guard House, Gates & ancillary buildings	60		12000	Rs. 7,20,000	Completed		7,20,000			
	f	Paths & Paving			2875	Rs. 41,43,750	Partially done		12,43,125	6,21,563	6,21,563	16,57,500
	g	Electrical Infra (Excl. DG)				Rs. 41,43,750	Partially done		12,43,125	6,21,563	6,21,563	16,57,500
	h	Outdoor Lighting				Rs. 6,84,000	Partially done		2,39,400	1,02,600	1,02,600	2,39,400
	i	Plumbing Infra				Rs. 36,00,000	Partially done		10,80,000	5,40,000	5,40,000	14,40,000
	j	STP (decentralized & DEWATS)				Rs. 16,57,500	Partially done		1,65,750	1,65,750	2,48,625	10,77,375
	k	Staff Qtrs. (2 nos) on GF		70	23400	Rs. 16,25,000	Partially Completed		6,25,000		6,25,000	
	L	Solar PV - 50Kw (60,000 / Kw)				Rs. 30,00,000				10,00,000	10,00,000	10,00,000
	M - 2	Family Homes (FH)										
M - 3	FH - 4 - Ground + 1st Floor		241	321	28500	Rs. 91,48,500					91,48,500	
M - 4	FH - 2 & 3 - Ground Floor		264	350	28500	Rs. 99,75,000					99,75,000	
M - 5	FH - 2 & 3 - 1st Floor		251	284	28500	Rs. 80,94,000					80,94,000	
M - 6	FH - 1 - Ground Floor only		136	182	28500	Rs. 51,87,000					51,87,000	
M - 7	FH - 5 - Ground Floor Only		136	182	28500	Rs. 51,87,000					43,68,000	
M - 8	FH - 6 - Ground Floor Only		136	182	28500	Rs. 51,87,000	Completed			99,75,000		
M - 9	FH - 7 & 8 - Ground Floor		264	350	28500	Rs. 99,75,000					39,61,500	
M - 10	FH - 1 - 1st Floor		136	139	28500	Rs. 39,61,500			9,75,000			
	Diesel Generator					Rs. 9,75,000						
						Rs. 5,76,90,000						
						Rs. 12,22,73,150			1,30,15,203	1,53,18,048	5,16,33,238	1,02,93,663
	Total Module 0 to 10							3,00,00,000	6,00,000	2,60,304	3,06,361	2,05,873
	Contingencies 2%					Rs. 24,45,463						
	TOTAL					Rs. 1,24,71,81,613		3,06,00,000	1,32,75,507	1,56,24,408	5,26,65,902	1,04,99,536
	Already Spent							3,00,40,000	73,00,000	1,19,00,000		
	Balance to be spent										5,26,65,902	1,04,99,536
	Ashok B. Lall - Architects							59,75,507	37,24,408			
											Rs. 7,28,65,353	

Note: Keeping in view the inflation the budget estimate of the recent cost has been changed accordingly

FROM STRENGTH TO STRENGTH

ARYAN VERMA

The very thought of it, made a shiver run down her spine. “There was a life inside me, how could I even think of not letting it take shape?” says an emotional Anita Verma.

Born and raised in a simple farmer’s family, when she found she was pregnant with her third child, her eldest, a daughter was already 15 and son, 13.

While a lot of people in the family and around her suggested, she gets an abortion, for Anita that option didn’t exist.

Fighting odds

The thought of raising a child after both my children were relatively grown up was daunting for sure. “But I wouldn’t have it any other way even when my husband thought we didn’t need this baby,” she shares, with a hint of disappointment in her voice.

So, when her third child, a son was born, Anita was nervous yet excited, ready to learn and unlearn. She still remembers the aftertaste of the sweet rice prepared on Basant Panchami, her yellow Kurta that fit snugly around her round belly. “With both my children, I had a strong inkling of their genders. Even this time around, I knew I was having a boy” smiles Anita. And that is how, before he was born, the third child of the Verma family had a name.

So, on 28th of January, 2012 on a cold afternoon, when little Aryan arrived, he brought in a warm happiness to the family. As he grew up, he was crossing his milestones well in time. At seven months of age, he also began talking. While his father who now works as a driver, then an electrical fittings person made sure he took care of the financial responsibilities, Anita took care of the family and the three children like a boss.

Life’s course changed

Then it happened one day, Aryan fell from the arms of his 15-year-old sister. There were no injuries to show but Anita’s guess is that is when Aryan damaged his brain.

Soon he stopped speaking and Anita noticed changes in his behaviour. “Aryan was a task to manage, suddenly. He was hyper, angry, would run away from home, often. I just didn’t get what had changed so drastically. Those were tough years.”

Married at 17, never sent to school because of lack of resources, Anita had no clue of what was happening to her child. All she knew was suddenly her life and that of her children was very difficult.

It was a regular morning when a ray of hope came through a simple manperson-a milkman. “That day Aryan had run away in the neighbourhood and we were looking for him. And that is when the milkman told me I have a son like yours, I take him to a school called Khushboo. They take care of children like him.”

The year was 2017 and the internet wasn’t as common a service for everyone. With just the name and the knowledge it was in Gurgaon, after her daily chores had finished, Anita went around in Gurgaon asking people about the Welfare society.



Hope finds a way

After months of going around in a wild goose chase, she finally found where Khushboo was. “When I walked in and so many children, some like Aryan, some in a far more challenging situation than him, I felt the tightness in chest ease. I can't tell you how relieved I felt when they told me, I could bring my child over,” she smiles a wide smile.

Looking back at the past eight years that Aryan has been in Khushboo, Anita can't help but be extremely grateful.

“Khushboo has brought a new lease of life not just to my son but also my family. From not being able to say a word to now saying mini sentences, he has come a long way because of the love and dedication of the staff. I always say if I am the mother at home, Khushboo is more than a mother through the day,” says the ever-smiling mother.

The staff at Khushboo is also very happy with the progress he has shown over the years.

Chandveer Braak, his class teacher is all smiles when he talks about Aryan. “Aryan is an extremely sincere and caring child. He is showing rapid improvement. Take for example the fact that he couldn't first sit still when he came to my class in 2022. Now not only does he sit with concentration, he also relaxes while in Shavaasan during the yoga session in class. He can add single digits, can see and copy text as do basic counting. His handwriting is beautiful and his homework is always complete. His drawing is also very good and in 2022, he also won the first Prize at a competition in Army Public School.” Aryan had coloured the Santa Claus in rainbow colours.

Colours, in fact are an integral part of his life, shares his mother who is surprised with the kind of time Aryan can spend with his colouring books.

Colouring his world in happier shades

For a child in the autism spectrum, the challenges, says, Dr Lalit Kumar, Occupational Therapist at Khushboo are several and varied. It was no different for Aryan. When Aryan came to Khushboo he had sensory processing deficit like tactile processing and vestibular processing. He was hyper active, restless, avoided different touches with which he was not familiar and had poor eye contact. Besides this, he had behaviour issues like hitting himself, anger issues when he was refused things he demanded. He also had poor social skills.

Cut to now and Aryan is a different person.

Ask Dr Kumar. “When he came to us at 5 years 6 months, Aryan had several issues. But over time, with regular occupational and speech therapy, he has shown a marked improvement. Not only has he developed a good sensory processing but he is also interactive with people with gestures and a few words and asks for things. He also does his daily living activities with ease. He follows instructions, works well with others, has learnt to control himself and has a better attention span. I am very proud of how he is doing and Aryan is a child who should be ready for vocational training in 7-8 years”.

Thanks to better speech and social skills, he loves to spend times with his older siblings who love him to bits. Aryan is the doting youngest one in the family who adds that extra dose of love to everyone's life.



Building on

Who better to vouch for changes in her child than a mother?

As a child, she says, Aryan has changed drastically. “He would get angry and agitated at the drop of a hat. He is now a happy content child. He loves to colour in his colour books. Helps me around at home. He folds all the clothes and makes sure not just his clothes but everybody's at home are kept in order. He loves to spend time with his siblings when they are home. He loves to listen to bhajans and some popular music and also dances to them occasionally.”

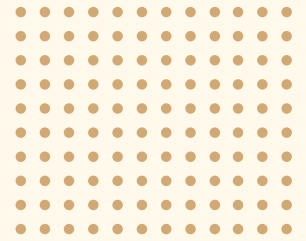
When it comes to speech and language skills, says Speech Therapist, Arohi Singh at Khushboo Aryan shows delay in receptive and expressive speech and language skills, typical of a child with ASD (Autism Spectrum Disorder). But what makes her hopeful is to see his efforts. “Aryan has learnt to say simple sentences and two-word phrases. He also likes to solve simple puzzles and makes a personal effort that is visible. What also helps is the fact that his mother is also very active in helping Aryan and practice with him. I so look forward to him learning more.”

And if signs are anything to go by, says Anita, she knows if anyone will be by her side in her old age, more than anyone, it is his son Aryan. He is growing up to be a sensitive, loving child and I am super proud. Khushboo has given my son, a new lease of life and hope.

She has a major problem though, “He loves coming to Khushboo so much that he wants to be here even on holidays,” she chuckles.



ACTIVITIES, EVENTS AND ACHIEVEMENTS



24th May 2022:

Visit from Think Future Technologies

Five officials from Think Future Technologies visited our center and donated therapeutic equipments.

25th May 2022:

Visit from Asha for Education (USA)

Asha for Education sent two representatives to visit our center as part of their yearly site visit. They took a full review of activities, recent developments etc.

25th June 2022:

Visit by State Disability Commissioner Haryana

State Disability Commissioner Haryana Shri Raj Kumar Makkad, visited the center and appreciated our functioning.

5th April 2022:

Health Checkup by Special Olympics Bharat

Seventeen of our children were taken to the Health Checkup camp organised by Special Olympic Bharat at SGT University, Gurgaon.

19th April 2022:

EC Meeting

Executive Committee Meeting was held on April 19th, to take a review of activities from Oct – Dec 2022 quarter.

23rd April 2022:

Webinar (Prishni & Khushboo)

Caregiver stress is a much-ignored subject. We decided to do our bit to draw attention to it. A webinar was conducted by Ms. Priyanka Kalra, Physiotherapist in collaboration with Prishni on the topic “Coping Skills & Strategies for Caregivers to Overcome Stress”.

23rd April 2022:

Workshop on Autism for Parents & Staff

An open workshop was conducted by Mr. Lalit Kumar, Occupational therapist on the topic “Autism Care.”



Staff Meeting

Mr. Vijay Pal, Director – Programs arranged a round table discussion, with the staff members regarding the training of the children.

12th and 13th May 2022:

Performing Art Workshop by CINEASTE Production

A two-day workshop was arranged by employees of Cineaste Production, where they interacted with children through various activities. The activities included storytelling, mandala, art & craft, yoga, dance & music, painting etc.



28th May 2022:

Orientation and Awareness on use of TLM kits for PWD

Education and training go a long way in building support. The orientation and awareness on use of TLM kits for PWD was a step in the direction.

3rd December 2022:

Participation in event of Department of Social Justice and Empowerment

Our children participated in an event organised by the Department of Social Justice and Empowerment on Disability Day. Our children performed a group dance and a group song there.



26th November 2022:

Workshop on understanding sensory dysfunction management

Sensory issues in children with special needs are a major problem faced by their parents, caretakers and teachers. These issues interfere with daily life, be it playing, studying, eating or learning. An open workshop was organised by Mr. Lalit Kumar (Occupational therapist) on Understanding Sensory Dysfunction Management to address these issues and train parents to overcome roadblocks in learning and functioning.



29th December:

Eye Check-up

Two doctors (Eye specialists) from Ahuja Eye & Dental Institute, Gurgaon visited our Centre to examine children. They examined 50 children and staff. They also referred 10 children to Clinic for a detailed examination and promised to provide 11 children's glasses free of cost.

25th January 2023:

Visit by DSW officials

Officials from District Social Welfare office, visited Khushboo to see the working of the Centre. Mr Vijay Pal, Director Program briefed about the various activities.

24th January 2023:

EC Meeting

The Executive Committee meeting was held on 24th, January to take a review of activities for Oct to Dec '22 quarter.

4th March 2023:

Workshop on Motor Milestone

An open workshop was organised by Mr. Lalit Kumar, Occupational therapist on Motor Milestones - Occupational Therapy is the key to Achievement!

The aim of the workshop was to help parents to understand normal Physical Development and different ways to achieve them in case of unachieved developmental milestones.

2nd April 2022:

Autism Day Celebration

The National Gallery of Modern Art, New Delhi saw two of our children participate in a painting competition.

4th April 2022:

Autism Day Celebration in SGT

SGT University invited our students for Autism Day Celebration in their campus. Three of our children visited the University and participated in various cultural activities.

7th and 28th May 2022:

Sahaj Yoga Meditation for staff

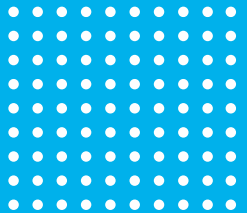
Meditation sessions were arranged for the staff members. Not only did it help the staff restore balance and a sense of well-being but also helped improve self – esteem, and revitalise energy. In the long run, it will develop the ability to self-regulate attention and focus on the present moment with curiosity, openness and acceptance.

27th May 2022:

Fun Day

A day where the primary agenda is to have fun is always much loved by the children and staff members. The last working day before summer vacations saw both enjoy their food as well as dance and have fun together.





10th August 2022:

Raksha Bandhan Celebration

The much-loved festival of Raksha Bandhan was celebrated in the Center and children tried rakhis on each other's wrists.

12th August 2022:

Independence Day Celebration

Independence Day was celebrated in the Center. Mr. Vijay Pal, (Director-programs), hoisted the National Flag in the presence of children and staff followed by cultural performances.

15th August 2022:

Independence Day Celebration

Mr. Amal Mukherjee (Founder Gurukul Music Academy) invited five of our children to his Academy to celebrate Independence Day with them.



18th August 2022:

Janmashtami Celebration

The birth of Shri Krishna was celebrated in the Center. Children enjoyed the story of Lord Krishna's birth and took part in breaking the Dahi Handi on Janmashtami, followed by devotional songs and dances by children.

11th September 2022:

Annual Function of Manav Sewa Samiti, Pataudi

Six children participated in the Annual Function of Manav Sewa Samiti which runs a Special School for children with multiple disabilities at Pataudi, Gurgaon.



3rd October 2022:

Dussehra Celebration

Curious eyes were hooked as the story behind Dusshera celebration was told to children in Khushboo as part of Dusshera celebrations.

21st October 2022:

Diwali Celebration

The festival of lights saw our children's eyes light up as we did the customary Diwali celebration in the Center. Children performed Pooja and a cultural program.

3rd December 2022:

World Disability Day celebration

This year, we celebrated Disability Day with SGT University students. Our children enjoyed the day as the University students performed plays on the stage.



18th December:

Sports Day Celebration

For us, it is always a joy to see our special students on the field. Our sports consultant, Mr. Aditya with his team, designed various games, including the participation of parents and children for the much-awaited Sports Day. The children as well as the parents had a great time, helping them bond further.

23rd December 2022:

Christmas Celebration

The yuletide spirit could be felt in full in swing as Christmas was celebrated in the Center. Our children participated in Christmas carols and dance.



25th January 2023:

Republic Day Celebration

Republic Day was celebrated with enthusiasm in the Center. The national flag was hoisted by Mr. Vijay Pal, Director - Programs, in the presence of all the staff members followed by cultural performances by the children.

6th March 2023:

Holi Celebration

Holi was celebrated at the Center. Celebrations and puja saw our children and staff by the children followed by traditional pooja.



29th March 2023:

Music and Dance performance in Roshni Event

Fourteen of our children participated in a Music and Dance performance event organised by Concern India Foundation (CIF) at Army Public School, Dhaula Kaun, New Delhi. Our student Alisha even got special gifts for her beautiful performance.

16th December 2022:

Splash by Concern India Foundation

A painting and drawing competition was organized by Concern India Foundation (CIF) at Army Public School, Dhaula Kuan, New Delhi, in which 19 children participated. The first prize was won by our children Aryan Verma and Soumiel Bansal.

VSA participation certificates

10 of our children received certificates for their participation in Annual Art Contest 2022 in August this year.



25th March 2023:

National Championship of Cycling

Our children Vikas and Soumiel participated in the National Championship of Cycling organized by Special Olympics Bharat.

OUR PROGRAMS



Much loved and in demand, our services are the backbone of our work at Khushboo. Our Life Skill Development and Therapeutic services aim to help enhance the quality of our children's lives.

We provide our services through two programmes:

1. Life Skills Development (LSD)

Activities which come easily to most individuals, pose huge challenges for special children. These include the following:

- Performing activities of daily living
- Cognitive skills
- Mobility
- Body awareness
- Communicating & following instructions

We understand and recognise this and constantly make an effort to equip the special children who come to us, to teach them skills which enable them to handle personal needs on their own. Some of these are:

- Activities of Daily Living (ADL)
- Interpersonal skills
- Personal safety and security
- Home management & housekeeping
- Cooking & catering
- Education (3 Rs-Reading, writing & arithmetic)
- Computers
- Gardening
- Art & craft



a) Activities of Daily Living (ADL): Children are taught to do the following routine activities on their own.

- Eating
- Bathing
- Dressing
- Toileting
- Personal care and hygiene
- Getting in and out of bed or chair easily (transferring)
- Controlling bladder and bowel movements (maintaining continence)
- Unbuttoning clothes
- Filling water can
- Washing clothes
- Identifying toilets of their gender
- Managing time etc

b) Interpersonal Skills: Interpersonal skills are a must for operating in the society. At Khushboo, we look at helping our children to develop their social skills so that they can do the following:

- Ask for assistance
- Make new friends
- Communicate clearly to have their needs addressed
- Hold conversations with friends and family
- Give their opinions



c) Personal Safety and Security: Personal safety and security for every child has become a concern. This concern becomes a much bigger one, for special children. At Khushboo we aim to equip our children for teach the following crucial aspects of personal safety and security:

- Understand the kinds of risks they may face
- How to avoid tricky/unsafe situations
- Awareness on personal safety
- Sense of right conduct
- Deterring unwelcomed behaviour
- Difference between good and bad touch
- Safety precautions from fire, or sharp instruments such as knives or scissors



d) Home management and housekeeping: Being independent is a survival skill needed to maneuver this world with confidence. It is the same story for special children. Performing household tasks not only helps these children build their abilities to work on their own but also assist their families.

This skill in turn, besides building interpersonal relationships also helps children gain self-worth and respect from their families. Amongst other skills, our children learn:

- Cleaning
- Dusting
- Setting a table
- Bed making
- Ironing
- Settling cupboard
- Folding clothes
- Money management (Familiarisation with notes and coins and doing transactions while shopping)

e) Cooking & Catering: Special individuals with slightly better learning abilities are taught these skills to not just make them independent and confident but also lend a helping hand to their families..

f) Education: Khushboo ensures that our children learn basic academics according to their level of learning ability. The idea is also to make learning fun while teaching them the following:

- Colouring
- Painting
- Drawing
- Crafting waste material into useful products

g) Computers

Technology is a much-needed skill in today's day and age. We understand that and consider this an important skill for our children. We have a computer lab and special mouses to help our children learn better. The hand eye coordination, motor skills, all are a great help in their further learning. Some of our children have also bagged awards in designing.

h) Gardening

Nature is a life force that heals and builds. When we teach our children gardening, we know, not only will it help our children develop a hobby and assist with better movements but add to their sense of well-being.

i) Art & craft

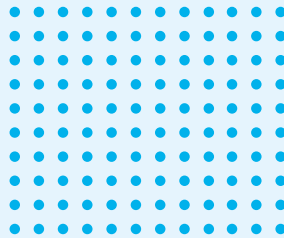
A favourite with most children. This one helps them at various levels. It gives a creative outlet to them besides of course helping with motor skills, hand eye coordination and amazing confidence.



2. Therapeutic Services

Many children under our care come with serious medical afflictions. Our therapeutic services, therefore, form the core of our work. Following interventions are carried out by us in our therapeutic services:

- Physiotherapy
- Occupational therapy with multi-sensory integration
- Hearing & speech therapy
- Performing & expressive arts (Music & Dance)
- Psychiatry & counselling
- Pottery
- Yoga
- Sports



a) Physiotherapy:

Physiotherapy is proven to go a long way in helping children with their movements and help develop weak muscles. Based on the individual development of each individual, the well qualified physiotherapists at Khushboo plan a physiotherapy schedule for every child. The therapists work closely with each child and also assess the need for aids - such as standers, wheelchairs, or any other orthotic devices. The various interventions aim to:

- Strengthen and recuperate weak muscles through weight bearing exercises
- Enhance leg muscle capacity with standing programs
- Enable mobility with programs such as walking and the wheelchair use
- Identify and meet orthopedic needs
- Help the child and family to become familiar with the required equipment
- Conduct group sessions with other professionals.
- Advise supplementary home activities to caregivers after training them.
- Hold quarterly meetings with parents
- Assist the child reach his/her developmental milestones that requires gross motor skills, like sitting, crawling, standing, walking, jumping, kicking ball, etc.
- Facilitate to achieve the desired goals through manual therapy, frame standing, standing bars, tilt table, parallel bar training, balance training, muscle stimulator etc.



b) Occupational Therapy with multi-sensory integration:

Developing skills that are a must for daily living is the main objective of this intervention. Designed to improve basic motor functions and reasoning skills, the program helps prevent permanent loss of functions. The intervention uses methods such as multi-sensory stimulation and integration to:

- Help eat properly through oral-motor exercises
- Teach new activities through imitation techniques
- Improve tactile sense through touch therapy sessions
- Tone up body balance through exercises like jumping, climbing stairs etc.
- Improve motor skills by picking and releasing small objects
- Improve concentration & attention through clear commands
- Cutting of flowers for improving hand- eye coordination

c) Hearing & Speech Therapy:

Expressing ourselves is a basic human need. However, it may not come very easy to everyone. We recognize and address that. This intervention helps in improving speech of our special children and their ability to understand and express, including nonverbal cues.

Our therapists work to:

- Test hearing ability of children
- Assess the problems and provide treatment
- Identify difficulties in articulation, fluency, resonance, or language disorders
- Demonstrate the right sounding words and practice with children to follow the same using computer/ tablet
- Ensure proper mouth coordination to produce sounds to form words and sentences
- Help with voice volume regulation
- Address language disorders to help children express their thoughts
- Use of written, pictorial, body and sign forms to help children develop their understanding
- Practice on computers and iPads with special software applications to develop children's speech

d) Psychiatry and Counselling

We recognise that counselling can go a long way in helping parents and children deal with the challenges that come with being differently abled. Children and parents are both counselled. This counseling, in time, helps with good family bonding. And good bonding plays a very important role in a child's rehabilitative progress. This intervention helps address the fears and needs for both, the child and the parents. Since the parents and the children struggle with challenges in everyday living, acquiring new skills also leads to improvement in the quality of the life of children as well as the parents.

The process of counselling involves:

- Understanding every child's uniqueness, identifying their strengths and their struggles
- Developing a partnership between the teachers and the parents to bring desired changes in the child
- Facilitating learning of new skills and trying new behaviours



e) Pottery:

It is difficult to imagine what simple clay can do. And yet we, like many others dealing with special children, have seen the wondrous benefits of the simple yet effective pottery wheel. This unique therapeutic intervention has an amazing effect of children. Not only does it help to settle and calm the children, but also manages to help with their attention span and focus. Besides this, using one's hands on clay while the potter's wheel moves, also enhances a child's sensory development and motor skills. A pottery expert visits Khushboo to guide our children in the art of making diyas, pots, pen holders, and other clay items.

Seeing their creations, fills our and our children's hearts with joy and confidence.

f) Yoga:

Where conventional treatment methods might hit a roadblock, yoga has shown remarkable results time and gain. Children with Down syndrome and other development disability often surprise their families and teachers with quick mastery of basic motor, communication, and cognitive skills through practice of yoga.

Regular yoga leads to a greater concentration, balance, and composure in daily living. In the long run, it helps with relaxation and softening of inner tensions, body –mind equilibrium, and a feeling of positivity to help tide even the most difficult days. And this is exactly why Yoga is an important part of our curriculum.

At Khushboo we ensure children practice yoga asanas (postures), pranayam (breathing exercises) and listen to meditative music – using phonetics for healing for an hour each day. A yoga teacher oversees the session and conducts different asanas beneficial for each individual case. After the session, children clean their yoga mats and keep them neatly rolled for the next class.

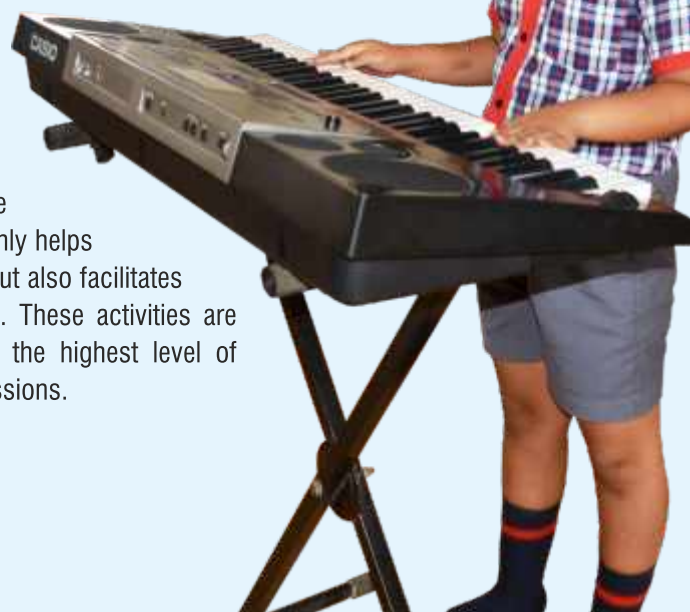
g) Sports:

A program aimed at “Learn while playing” introduced with the help of an expert has become a hit with the children and staff. The programme enables children to learn things like following instructions, waiting for their turn, develop alternate solutions etc.

This has helped enhance the confidence level of the children. What is more, children with better skills are provided with special coaching to participate in competitive sports. Some of our children have done us proud by winning prizes at National and International level competitions.

h) Performing and Expressive Arts:

Dancing and singing have been an integral part of human evolution. The music and the movement have time and again shown that they are not just a great way to bond but also have brilliant health benefits. For our children, dance and music are a fun way to encourage muscle movements and greater joint mobility. This dancing and singing not only helps improve muscle tone, spatial awareness, and kinesthetic sensation, but also facilitates with social skills. The endorphin boost only adds to the feel good. These activities are specially tailored to meet individual needs, capabilities, and have the highest level of participation- so much that children eagerly look forward to these sessions.



RESOURCE MOBILISATION

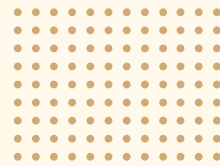
The fundraising landscape in India is undergoing a major change. The new FCRA laws have made it difficult for NGOs to access foreign funds.

This in turn, has compelled NGOs to raise more funds locally. This has not only made the fundraising space very competitive but also seriously impacted the availability of funds with many NGOs.

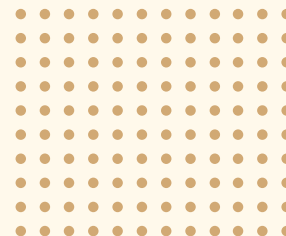
Despite this challenging scenario, we were able to raise Rs.1.17 Crores last year, all thanks to our valued donors.

If we look at the overall scenario of fundraising post Covid, other factors also have come into play. Education, health and livelihood, have begun getting more attention from the Corporates - as a result, funding towards disability has taken a back seat. Given this environment, we feel there is a major challenge facing us.

But then we have you, our older patrons and hopefully some newer ones. With you all by our side and our firm belief in the cause of supporting specially abled individuals, we tell ourselves, yet again - WE shall overcome!



OPERATIONS OVERVIEW



Beneficiaries

The status of beneficiaries is as follows:

Projects	April 1, 2022	March 31, 2023
Regular	96	102
OPD	12	14

- During this period, 27 children left and 33 new children joined us.

Attendance

Attendance continues to be our focus area; the figures as compared to last year are shown in the table below:

Year	April	May	June	July	August	September
2021-22	72%	Summer Break	50%	40%	50%	68%
2022-23	88%	68%	Summer Break	59%	64%	63%

Year	October	November	December	January	February	March
2021-22	82%	92%	98%	60%	83%	88%
2022-23	58%	72%	61%	49%	65%	66%

Therapeutic Services

Activity	Children	No. of Sessions Apr '22 to Mar '23
Physiotherapy	370	2462
Occupational Therapy	489	2123
Speech Therapy	263	719
Guidance and Counselling	Children 33 Parents 27	65

Human Resources

April 1, 2022	March 31, 2023
37	40

Males: 19 Females: 21

During the year 2022 - 23

- New employees 10
- Employees Left 07

The reasons for leaving were as follows:

- Retired 01
- Personal / Family Issues 06

FINANCIALS

Khushboo Welfare Society Sector 10 A Gurgaon Balance Sheet as on 31-03-2023				
S.No	LIABILITIES	Note No.	As on 31-03-2023	As on 31-03-2022
	RESERVES AND SURPLUS			
	General Fund	1	63874045.00	67056886.00
	Income Over Expenditure		260819.47	-3182841.00
	Corpus Fund	2	9185505.86	9185506.00
	Current Liabilities			
	Sundry Creditors	3	566451.00	272180.00
	Expenses Payable	4	715295.10	646641.00
	statutory Liabilities	5	151181.00	148005.00
	Total		74753297.43	74126377.00
	ASSETS			
	Non-Current Assets			
	Fixed Assets	6	63766688.00	56113486.00
	Investment			
	Mutual Fund	7	5978222.73	14754748.00
	Current Assets			
	Fixed Deposits with Bank		2601368.00	-
	Cash and Cash Equivalents	8	2083713.70	2983780.00
	Short Term Loans and Advances	9	323305.00	274363.00
	Total		74753297.43	74126377.00

Significant Accounting policies

16

Auditors Report	
As per our report even date attached	
<p>For JAGDISH CHAND & CO. Chartered Accountants Firm's Registration No.: 000129N</p>   <p>Ravi Goel Partner Membership No.: 078748 UDIN: 23078748AGWZV04666</p>	<p>For KHUSHBOO WELFARE SOCIETY</p>   <p>President Treasurer</p>  
Place: Gurgaon	
Date: 01/04/2023	

Khushboo Welfare Society Sector 10 A Gurgaon Income and Expenditure Account for the year ended 31 March 2023				
S.No	Particulars	Note No.	Year ended 31 March 2023	Year ended 31 March 2022
I	INCOME			
	Donation Grants, Membership Fees	10	10758518.00	9014963.00
	Interest Income	11	152475.00	45954.00
	Other Income	12	3768334.87	1116345.00
	Total Income (A)		14679327.87	10177262.00
II	Expenses			
	Transportation Expenses	13	990052.00	426829.00
	Employee Benefit Expenses	14	9338806.41	8419567.00
	Depreciation Expenses	7	2925414.00	3537773.00
	Other Expenses	15	1164235.99	975934.00
Total Expense (B)		14418508.4	13360103.00	
III	Surplus/(Deficit) for the year transferred to general fund (A-B)		260819.47	-3182841.00

Significant Accounting policies

16

Auditors Report	
As per our report even date attached	
<p>For JAGDISH CHAND & CO. Chartered Accountants Firm's Registration No.: 000129N</p>  <p>Ravi Goel Partner Membership No.: 078748 UDIN: 2307871686GWZV0U666</p> <p>Place: Gurgaon Date: 01/03/2023</p> 	<p>For KHUSHBOO WELFARE SOCIETY</p>  <p>President</p>  <p>Treasurer</p>  

**Khushboo Welfare Society
Sector 10 A Gurgaon**

Receipts & Payments Account for the year ended 31 March 2023

S.No	Particulars	Year Ended 31 March 2023	Year Ended 31 March 2022
	Opening Balance		
	Cash-in-Hand	4,717.72	4,398,096.86
	Cash at Bank	2,979,062.34	5,719.72
	Receipts:		
	Current Liabilities		
	TDS Payable	40,000.00	10,000.00
	Sundry Creditors	104,321.00	4,000.00
	Current Assets		
	TDS	19,000.00	-
	Refund	415.00	-
	Mutual Funds	8,776,525.09	1,748,196.27
	Receipt on sale of furniture	-	322,310.00
	Indirect Incomes		
	Profit on mutual funds	1,478,713.87	251,804.00
	Dividend on mutual fund	-	4,185.00
	Funding	10,783,518.00	9,014,963.00
	Intrest	46,613.00	46,150.00
	Miscellaneous Receipts	63,469.80	96,357.00
	Transport & User charges	2,257,451.00	735,700.00
	Indirect Expenses		
	Admin & Management Expenses	506.00	1,450.00
	Net Receipts	26,554,312.82	16,638,931.85
	Payments:		
	Current Liabilities		
	Arrier Payable	126,205.00	127,067.00
	EDLI Contribution @ 0.5 %	27,392.00	26,517.00
	Employee PF Contribution	657,275.00	636,267.00
	PF Admin Charges 0.50%	27,392.00	26,518.00
	Provident Fund Payable	680,262.00	660,933.00
	Salary Payable	7,514,569.00	6,719,968.00
	TDS Deduction	150,926.00	111,446.00
	Tds Payable	251,958.00	69,000.00
	Sundry Creditors	12,329,037.00	5,034,785.00
	Fixed Assets		
	Work-in-Progress	7,184.00	3,700.00
	Current Assets		
	FD with Union Bank	2,500,000.00	-
	Loans & Advances	50,000.00	3,900.00
	Indirect Incomes		
	Funding	25,000.00	-
	Intrest	-	196.00
	Miscellaneous Receipts	3,200.00	-
	Transport and User Charges	22,100.00	10,200.00
	Indirect Expenses		
	Vehicle Operation Expenses	35,908.00	13,049.00
	Admin & Management Expenses	60,888.10	41,799.00
	Employee cost	-	39,868.00
	Programme Expenses	820.00	4,860.00
	Utility and Communication	483.00	125,078.85
	Closing Balance		
	Cash-in-Hand	2,080,561.00	2,979,062.00
	Cash at Bank	3,152.72	4,718.00
	TOTAL	26,554,312.82	16,638,931.85

For JAGDISH CHAND & CO.
Chartered Accountants
Firm's Registration No.: 000129N

For KHUSHBOO WELFARE SOCIETY



Partner
Membership No.: 078748
UDIN: 23078748BGGWRV04666

Place: Gurgaon
Date: 01/06/2023

President

Treasurer



GOVERNANCE & COMPLIANCE

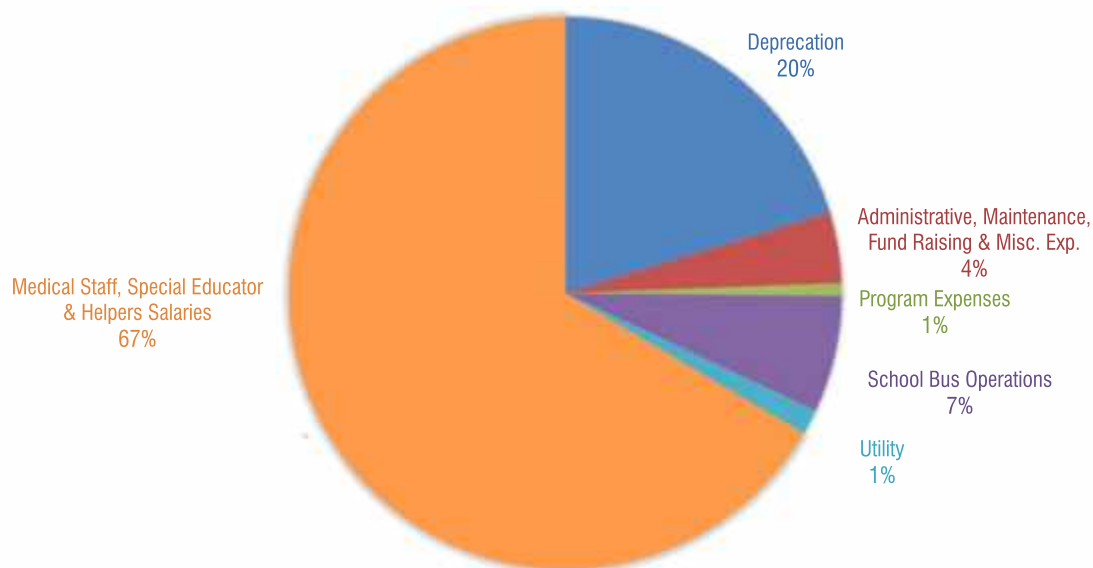
Distribution of employees according to remuneration levels

	Name	Designation	Annual Remuneration (in Rs.)
Highest Paid Person in the Organization	Vijay Pal	Director	11,19,528
Lowest paid person in the Organization	Gulshan Khatun	Helper	1,07,700

Gross monthly remuneration plus benefits (Rs.)	Male	Female	Total
<5,000	0	0	0
5,000-10,000	0	4	4
10,000-25,000	8	6	14
>25,000	4	4	8

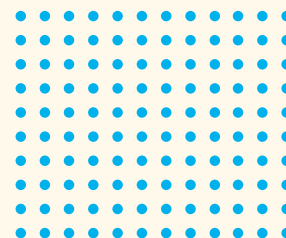
No. Of Executive Committee (Governing Board) members receiving remuneration	None
Expenditure on Foreign Travel incurred by Executive Committee members, Employees or Volunteers	Nil
Expenditure on Inland Travel incurred by Executive Committee members, Employees or Volunteers	Nil
No. of the executive Committee members related to each other	Nil

Total Expenditure 2022-23



EXECUTIVE COMMITTEE

MEETING DETAILS



S.N.	Name	Age	Sex	Position in Committee	Occupation	Area of Competency	No. of Meeting Attended
1.	Mr. Rakesh Jinsi	68	M	President	Management Consultant/ Coach & Mentor	Strategy Management, Operations & Fundraising	05
2.	Mrs. Renu Maheshwari	65	F	Vice - President	Social Worker	Training	04
3.	Mr. Narender Gera	64	M	General Secretary	Industrialist	Operations	04
4.	Mrs. Reeta Rastogi	73	F	Joint Secretary	Teacher	Training	01
5.	Mr. Pankaj Jain	69	M	Treasurer	Businessman	Administration	05
6.	Mr. Rajiv Gupta	66	M	Executive Member	Management Consultant	Operations	02
7.	Mrs. Usha Malik	68	F	Executive Member	Social Worker	Vocational Skills	05
8.	Mrs. Seema Jain Krishnan	52	F	Executive Member	Entrepreneur	Administration	02
9.	Mrs. Nirmala Singh	73	F	Executive Member	Social Worker	Child Care	01

Registrations & Accreditations

The society is registered with / Recognized / Approved by:

- Registrar of Societies under Societies Act, 1860
- Persons with Disability Act, 1860
- Foreign contributions Regulation Act (FCRA)
- National Trust Act, 1999
- Registration u/s 12 of IT Act
- Exemption under 80G of IT Act
- Charities Aid Foundation (CAF)
- Give India
- Credibility Alliance
- Darpan Portal, Niti Aayog
- Ministry of Corporate Affairs
- Guide Star India Transparency Key



DONOR TESTIMONIALS

Dear Rakesh,

I am so happy to see the passion amongst the Khushboo team led by you and the quality of work being done for the care of the mentally challenged kids by giving them affection and caring attitude to inspire confidence in them to learn some skills in order to lead a normal human life. The work needs tremendous patience, commitment and love to bring about the required change that these children need to face in life. The society would remain forever grateful towards you all for creating such an efficient organization. My salute to you and would request all believers of human values to contribute anything that they can offer in building such a lovely organization. May god bless you all in your endeavour to exponentially grow this organisation.

Tons of best wishes & warm regards

P K Kapse

Ex CEO

Eicher Engineering and Solutions

(A unit of Eicher Motors Ltd)



I am extremely impressed to note the exemplary work being done by Khushboo welfare team for taking holistic care and supporting children with special abilities to become self-reliant.

I am particularly happy to see the way donor funds are judiciously used.

Wishing all the children and team of Khushboo a very bright future.

Best Regards

Arun Birla

Former Executive Vice President,

Volvo Eicher Commercial Vehicles



A WORD FROM STAFF

SUMAN SAINI

“Patience, love, challenging one's beliefs there is so much I learn from my children at Khushboo each day”

A flowy off-white dress with colourful butterflies, when Suman Saini walks into the room, she brings with her a spark of sorts.

And even though she has brought in with her a beautiful handwritten note kept in a bright red and blue handmade file decorated with a little paper rose about her years at Khushboo, she speaks shyly but surely of what Khushboo has meant to her over the past 15 years that she has been here.

As a special educator who is creatively driven, it is her art and craft class that is a huge draw for children. From using flowers and leaf imprints to using vegetables to colour paints, paper and more, she helps children find their creative expression through a host of mediums. “Art acts as a visual therapy for children helping them unlock several things in them. While using different medium and textures helps with their grip and sensory touch, the use of colours is a visual therapy of sorts,” she shares.

It is no surprise students are always keen to be in her class.

For Saini, she feels the children teach her more than she teaches them.

“Patience, love, challenging one's beliefs there is so much I learn from my children at Khushboo each day”, she says with a smile.

What has been an equally fascinating journey is to hear the transformation story of Suman, a shy girl from a village in Hissar into a confident young woman who lives and works in the city.

And if there is someone who takes the credit for it, she says it is Khushboo. “I still remember when I came here for my interview with my father. I wasn't even sure if I would land the job because I used to speak very little and was visibly under confident. But I guess they looked beyond what they saw and showed the confidence in hiring me. 1st of September 2008 was my first day at Khushboo. Everyday since then has only helped me grow.”

She still recalls her first big experience at Khushboo. “I went with our children to Chennai for the special Olympics. It was a completely different experience for me. Not only did I see the children participate but also bag gold medals. It showed me so much about human resilience and self-belief.”

Her next learning opportunity came when she attended a training workshop at Snehdhara foundation in Bengaluru. “I learnt so much from the training. That is where I learnt one of the best ways to teach children was art therapy-based curriculum. This I learnt is not just enjoyable for children but also helps them learn better.”

Since then, Suman has had opportunities to get trained in a host of methods, namely, “Art therapy, body movement, drama, play way method, oral motor activity, speech and language.”

Khushboo, she says has always helped her get trained and better her skills and she has been quick to grab every opportunity.

Today, 15 years later she can't thank Khushboo enough. “I came here as a fresh Masters student. Today I am a mother of two children at home and so many at Khushboo. As an organisation, I can say Khushboo has made me who I am as a person and a professional.”

From constant training to equip her with skill sets to patient guidance and hand holding, the journey at Khushboo over the past decade and a half has been nothing but amazing.



VOICE OF PARENTS

Respected Sir / Madam

Ronak Shah is now 9 years. When he was born it was normal, but after birth he suffered from fever and jaundice. Doctors suggested he should be in ICU for 15 days. After that we shifted him to AIIMS and we got to know that Ronak had Cerebral Palsy. He took treatment through doctor's guidance.

We heard about Khushboo from our friend. When we visited the school we decided that Rohan should get admitted in Khushboo. Now one year is going to get completed and when we talk to our child we see a big change in him.

Thank you Khushboo Team for all the efforts you have done for our child. We are happy to be a part of this family.

Mrs Sonia
Ronak's mother

We have found a lot of improvement in our child. He has improved in time management and doing his own work.

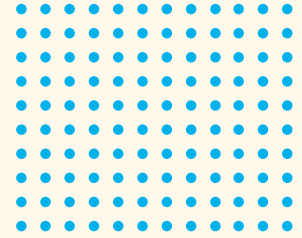
Before joining Khushboo Welfare family he was mostly in angry mood but now he has improved a lot. His memory also increased and in speaking also there is improvement as earlier he was not able to speak properly.

We came to know from an NGO in Rewari about Khushboo Welfare family and we are grateful for this. He is now always happy and keeps himself neat and clean.

Mr Manoj Kumar
Father of Gaurav Kumar



DONATION OPTIONS



Activity Sponsorship

- Sponsorship of all activities @ 61,900 INR per day
- Sponsorship of Life Skills Development @ 27,000 INR per day
- Sponsorship of Therapeutic Services @ 24,300 INR per day
- Sponsorship of Transportation Services @10,600 INR per day

Child Sponsorship

- Full Sponsorship of a Child @ 1,16,200/- INR per annum
- Sponsor a Child's Life Skills Development Activities @ 4200/- INR per month or 50,700/- INR per annum
- Sponsor a Child's Therapeutic Services @ Rs 3880 /- per month or @ 45,600/- INR per annum
- Sponsor a Child's Transportation @Rs1,660/- per month or 19,900/- INR per annum

Residential Facility

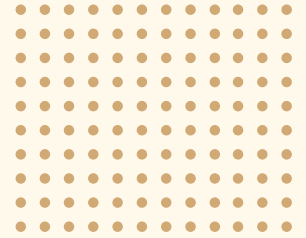
- Sponsorship of any activity of the project (Please refer Page No. 14)

General Donation

- Make a donation of any amount
- **All donations are eligible for tax deduction under 80G of IT Act.**



MAJOR DONORS








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